**WHAT TO PREPARE:** Make sure you have a Bible or the Bible App available. Get some markers and index cards. (Alternatively, you can print the attached cards.)

**home** challen

"Focus on Thankfulness'

## WHAT YOU DO:

Review the Bible story using the questions below.

- What book of the Bible is our story found? (Luke)
- What disease did the men in the story have? (skin disease, leprosy)
- How many men in the story had a skin disease? (10)
- How many men did Jesus heal in this story? (10)
- How many men came back to thank Jesus? (1)

Ask, "why they think only one of the men who was healed came back to say thank you?"

To help illustrate the way we can easily miss seeing opportunities to be thankful, try this:

- Give each of the person a marker and an index card.
- Use the marker to make a dot on the left edge of the card and an X on the right edge.
- Hold the card with the X on the right at eye level about an arm's length away.
- Close your right eye then look directly at the X. You should still be able to see the dot.
- Now focus on the X, as they slowly bring the card closer to your face. The dot will disappear!

Now help connect this experiment to the challenge to be more like the one who was thankful.

- What are we most likely focusing on when we forget to say thank you?
- Give some reason why we should say thank you often.
- When are you most motivated to say thank you?
- Can you think of a time when you forgot to say thank you for something big? Did it cause a problem with the other person, or did you remember to come back and thank them?
  Who do you need to thank today? How will you do it?

Week of November 15, 2020

