

ENCOUNTER

THURSDAY NIGHT GROUPS

We are a community of broken people seeking help and healing through connection to Jesus and one another. Join us before groups in worship and message to help you unplug and prepare your heart for recovery. Our Thursday night worship service is from 6:30-7:30 p.m., groups meet immediately following until 8:45 p.m. Childcare is provided for birth-10 years. We cant wait to see you!

ADDICTIONS

- ALCOHOLICS ANONYMOUS**
Thursdays • 6:00 p.m.
- FAMILIES OF ADDICTS**
For family or friends of those struggling with alcohol or substance abuse.
- FORGOTTEN HEARTS**
For women wanting to overcome love and sexual addiction. Contact
forgottenheartse@gmail.com
- MEN'S ADDICTION (12 STEP)**
Christ-centered program for men wanting to overcome addictions & compulsions
- MEN'S SEXUAL ADDICTION (CROSS)**
Contact menofcross@gmail.com
- WIVES OF SEX ADDICTS**
Contact arcwives@hotmail.com
- WOMEN'S ADDICTION & EATING DISORDER**
For women struggling with Addiction or Eating disorder.

- FH 131**
- WC 446**
- Upon Request**
- WC 239**
- Upon Request**
- Upon Request**
- WC 236**

MARRIAGE & FAMILY

- DIVORCE SUPPORT**
For those struggling with issues from divorce.
- FAMILIES OF THE INCARCERATED**
Confide in one another and seek God's answers to the hard questions
- MARRIAGE IN CRISIS (COUPLES/INDIVIDUALS)**
For those struggling in marriage or who are currently separated and seeking reconciliation
- SINGLE MOMS**
Come for support, encouragement, and guidance as you walk through real life situations.
- TEEN SUPPORT**
For teens ages 13-17 to come and find support in the difficulties of life. Must register to attend. For details email Care@secc.org
<https://www.southeastchristian.org/registration/BBTeenSupport2223>
- PARENTS OF ESTRANGED CHILDREN**
Meets every other week beginning January 12 .

- FH 118**
- Fireside Room**
- ATLR 202**
- ATLR 201**
- Upon Request**
- WC 448**

GRIEF/HEALTH RELATED

- ALZHEIMERS CAREGIVERS** **FH 111**
For caregivers of family members with Alzheimer's.
*3rd Thursday • 1:00-2:30 p.m.
- COPING WITH CANCER** **FH 109**
This group is for those facing the challenges and struggles of cancer
- GENERAL GRIEF (EVERY THURSDAY)**..... **ATCR 200/202**
For anyone dealing with the loss of a loved one. See more specific grief groups below.(starts at 7:00 p.m, Welcoming more at 7:30pm)

SPECIFIC GRIEF

1ST THURSDAY	2ND THURSDAY	3RD THURSDAY	4TH THURSDAY
Loss of Child Loss of Spouse	Loss of Parent, Loss due to Suicide/Substance Abuse	Loss of Child	Genral Grief

ADVERSITY

- ANXIETY** **ATCR 207**
Find support & understanding in the midst of anxiety struggles
- CODEPENDENCY** **FH 136**
A group dealing with boundary issues for families and friends dealing with addiction.
- DEPRESSION**..... **FH 122**
A group for those seeking support and relief from depression.
- SEXUAL IDENTITY: LOVE IN THE CONFLICT** **Upon Request**
Meets the last Tuesday of each. month. Email: Familyandfriends920@gmail.com
- MENTAL HEALTH SUPPORT**..... **WC 464**
A group for those with family members battling mental health issues
- MIGHTY OAKS** **WC 245**
A support group for veterans and first responders
- OVERCOMING ADVERSITY** **FH 110**
A group for those facing many kinds of obstacles and challenges.
- WOMEN'S ABUSE** **Upon Request**
Email: mendingheart@live.com

ENCOUNTER

GROUPS THROUGHOUT THE WEEK

Below you will find groups organized by campus along with their meeting times!
If you need help finding a group please contact the Care Ministry by phone or email:
502.253.8400 | Care@secc.org

BLANKENBAKER CAMPUS DAYS AND TIMES VARY

- Alcoholics Anonymous - FH 111
 - Tuesdays, 6:30 p.m.
- Alzheimer's Support Group - FH 111
 - 3rd Thursday 1:00-3:00 p.m.
- Cancer Care Connection (Women) - Fireside
 - 2nd Tuesday, 1:00-3:00 p.m.
- Chronic Pain and Illness - Fireside
 - 4th Friday, 1:00 p.m.
- Mom's in Prayer - ATR 204
 - Thursdays, 1:00-3:00 p.m.
- Parents of Addicted Loved Ones - WC 446
 - Tuesdays, 6:30 p.m.
- Praying for Your Prodigal - ATR 202
 - 2nd Sunday 4:00 p.m.
- Step Family Support - WC 367
 - Sundays, 10:45 a.m., starting Sept. 11.

BULLITT COUNTY CAMPUS TUESDAYS 7:00 P.M.

- Addictions (Coed)
- Anxiety
- Depression
- Friends and Families of Addicts
- Pure Desire (Men's Sexual Addiction)
- Women's Healing (Abuse)

CRESTWOOD CAMPUS MONDAYS 7:30 P.M.

- Alcoholics Anonymous *6:15 P.M.
- Men's Sexual Accountability
- Stillborn, Infant Loss *1st Monday

ELIZABETHTOWN CAMPUS WEDNESDAYS 7:00 P.M.

- Addiction Recovery
- Grief
- Recovery for the Rest

HIGHLANDS THURSDAYS 2:00 P.M.

- Overcoming Adversity

LA GRANGE CAMPUS WEDNESDAYS 6:30 P.M.

- Women's Healing Group
- Addiction

INDIANA CAMPUS TUESDAYS 6:30 P.M.

- Families of Addicts *Wednesdays 6:30 p.m.
- Men's Addiction (THRIVE)
- Single Moms
- Women's Addiction
- Women's Depression and Anxiety

ONLINE MONDAYS 7:00 P.M.

- Anxiety and Depression
 - [HTTPS://ZOOM.US/J/174154667](https://zoom.us/j/174154667)
- Grief
 - [HTTPS://ZOOM.US/J/217960435](https://zoom.us/j/217960435)

SOUTH LOUISVILLE CAMPUS TUESDAYS 6:30 P.M.

- Addictions
- Grief Support
- Healthy Relationships
- Trauma Care
- Wives of Domestic Abuse

SOUTHWEST CAMPUS MONDAYS 7:00 P.M.

- Overcoming Adversity

PROSPECT CAMPUS TUESDAYS 6:30 P.M.

- Addictions (Coed)

SHELBY COUNTY CAMPUS MONDAYS 7:00 P.M.

- Addictions
- General Grief
- Families of Addicts
- Overcoming Adversity

ADDITIONAL GROUPS CONTACT FOR DETAILS

- CROSS (Men's Sexual Addiction)
Email: menofcross@gmail.com
- Mosaic (Wives of Sex Addicts)
Email: arcwives@hotmail.com
- Sexual Identity: Love in the Conflict (SILC) - Last Tues/mo
Email: Familyandfriends920@gmail.com
- Forgotten Hearts (Women's Relational and Sexual Addiction)
Email: forgottenheartse@gmail.com
- Journey to freedom (women's unwanted same sex attraction)
Email: Care@secc.org
- Women's Abuse
Email: mendingheart@live.com
- Group Support for Special Needs Parents
Email: tyialynn@criticallyloved.org
Facebook Page: [@criticallyloved](https://www.facebook.com/criticallyloved)