

ENCOUNTER

WORKSHOPS & CLASSES

Divorce Care Workshop

Tuesdays, 6:30 PM

September 12 - December 5

Blankenbaker, ED 210

Email: tpackerjr@gmail.com

Sacred Marriage

Tuesdays, 6:30 PM

September 12 - October 17

Blankenbaker, ATRC 202

Email: robertfhead@gmail.com

Post Abortion Support

Tuesdays, 6:30 PM

October 10 - November 28

Chapel in the Woods

Email: lallen@secc.org

Sexual Integrity 101

Thursdays, 7:30 PM

September 7 - December 28

Blankenbaker, WC 459

Email: nbuda@secc.org

Grief Share Support

Wednesdays, 6:30 PM

September 6 - December 6

Blankenbaker, AT 109

Email: tonybotland01@gmail.com

Grief Share Support

Wednesdays, 6:30 PM

September 13 - December 13

La Grange

Email: tonybotland01@gmail.com

Grief Share Support

Tuesdays, 6:30 PM

September 19 - December 19

South Louisville

Email: tonybotland01@gmail.com



Care

ENCOUNTER

BLANKENBAKER | THURS 7:30 PM

Below are all open groups that meet at Blankenbaker with their room number.
If you need help finding a group please contact the Care Ministry by
phone or email: 502.253.8400 | Care@secc.org

ADDICTIONS

ALCOHOLICS ANONYMOUS	FH 131
Thursdays • 6:00 p.m.	
FRIENDS AND FAMILIES OF ADDICTS	WC 446
For family or friends of those struggling with alcohol or substance abuse.	
MEN'S ADDICTION (12 STEP)	WC 239
Christ-centered program for men wanting to overcome addictions & compulsions	
WOMEN'S ADDICTION & EATING DISORDER	WC 236
For women struggling with Addiction or Eating disorder.	

MARRIAGE & FAMILY

DIVORCE SUPPORT	FH 118
For those struggling with issues from divorce.	
FAMILIES OF THE INCARCERATED	Fireside Room
Confide in one another and seek God's answers to the hard questions	
MARRIAGE IN CRISIS (COUPLES/INDIVIDUALS)	ATLR 202
For those struggling in marriage or who are currently separated and seeking reconciliation	
PARENTS OF ESTRANGED CHILDREN	WC 448
Meets the 1st and 3rd weeks of the month	
PARENTS OF TEENS WITH MENTAL HEALTH ISSUES	WC 237

GRIEF/HEALTH RELATED

COPING WITH CANCER		FH 109	
This group is for those facing the challenges and struggles of cancer			
GENERAL GRIEF (EVERY THURSDAY)		ATCR 200/202	
For anyone dealing with the loss of a loved one. See more specific grief groups below.			
1ST THURSDAY	2ND THURSDAY	3RD THURSDAY	4TH THURSDAY
Loss of Child	Loss due to Suicide/Substance Abuse	Loss of Child	Genral Grief

MENTAL HEALTH/ADVERSITY

ANXIETY	ATCR 207
Find support & understanding in the midst of anxiety struggles	
DEPRESSION	FH 120
A group for those seeking support for depression.	
MENTAL HEALTH SUPPORT	WC 464
A group for those with family members battling mental health issues	
MIGHTY OAKS	WC 245
A support group for veterans and first responders	
OVERCOMING ADVERSITY	FH 110
A group for those facing many kinds of obstacles and challenges.	
ADHD SUPPORT (FOR ADULTS)	AT 218
GRACE & TRUTH IN YOUR STORY (WOMEN)	WC237
A group for women impacted by relational wounds	

ENCOUNTER

GROUPS THROUGHOUT THE WEEK

Below you will find groups organized by campus along with thier meeting times.
If you need help finding a group please contact the Care Ministry by
phone or email: 502.253.8400 | Care@secc.org

BLANKENBAKER CAMPUS

Alcoholics Anonymous - FH 111

- Tuesdays, 6:30 p.m.

Alzheimer's Support Group - FH 111

- 3rd Thursday 1:00-2:30 p.m.

Cancer Care Connection (Women) - Fireside

- 2nd Tuesday, 1:00-3:00 p.m.

Chronic Pain and Illness - ATCR 209

- 4th Friday, 1:00 p.m.

Mom's in Prayer - ATLR 204

- Thursdays, 1:00-3:00 p.m.

Parents of Addicted Loved Ones - WC 446

- Tuesdays, 6:30 p.m.

Parents of Teens with M.H. Issues - ATLR 203

- Tuesdays, 6:30 PM

Praying for Your Prodigal - ATCR 202

- Thursdays, 2:00 p.m.

Step Family Support - WC 367

- Sundays, 10:45 a.m.

Pillars of Parenting - WC 237

- Sundays, 10:45 a.m.

Redeemed Warriors (Vets) - FH 109

- Mondays, 6:15 p.m.

REGISTRATION REQUIRED

CROSS (Men's Sexual Addiction)

menofcross@gmail.com

Mosaic (Wives of Sex Addicts)

Thurs, 7:30 PM, arcwives@hotmail.com

Sexual Identity: Love in the Conflict

Last Tues/Month, 7 PM,

Familyandfriends920@gmail.com

Forgotten Hearts

Sun, 6 PM, forgottenheartse@gmail.com

Teen Support (13-17)

Thurs, 7:30 PM, lifewellcounselingky@gmail.com

HART (Destructive Relationships)

Thurs, 7:30 PM, juliegouldcounseling@gmail.com

Women's Abuse

Thurs, 7:30 PM, mendingheart@live.com

BULLITT COUNTY CAMPUS

TUESDAYS 7:00 PM

Addictions (Coed)

Anxiety

Depression

Friends and Families of Addicts

7 Pillars (Men's Sexual Addiction) *email nbuda@secc.org

WORTH (Women's Betrayal) *email nbuda@secc.org

CRESTWOOD CAMPUS

MONDAYS 7:30 PM

Alcoholics Anonymous * 6:15 PM

Men's Sexual Accountability

Stillborn, Infant Loss * 1st Monday

ELIZABETHTOWN CAMPUS

WEDNESDAYS 7:00 PM

Addiction Recovery

Grief

Recovery for the Rest

HIGHLANDS

THURSDAYS 2:00 PM

Overcoming Adversity

INDIANA CAMPUS

TUESDAYS 6:30 PM

Men's Addiction (THRIVE)

Women's Addiction

Women's Depression and Anxiety

Journey to Wholeness (Women)

Families of Addicts * Wednesdays 6:30 PM

LA GRANGE CAMPUS

WEDNESDAYS 6:30 PM

Addiction Recovery

Grace & Truth (Women)

Women's Addiction * Tuesdays 6:30 PM

ONLINE

MONDAYS 7:00 PM

Anxiety and Depression

- [HTTPS://ZOOM.US/J/174154667](https://zoom.us/j/174154667)

Grief

- [HTTPS://ZOOM.US/J/217960435](https://zoom.us/j/217960435)

PROSPECT CAMPUS

TUESDAYS 6:30 PM

Addictions (Coed)

SHELBY COUNTY CAMPUS

MONDAYS 7:00 PM

Addictions

General Grief

Families of Addicts

Overcoming Adversity

SOUTH LOUISVILLE CAMPUS

TUESDAYS 6:30 PM

Addictions

Grief Support

Grace & Truth (Women)

SOUTHWEST CAMPUS

MONDAYS 7:00 PM

Overcoming Adversity

Grace & Truth (Women)